## How to use:

Tip! We recommend using a mirror to most easily apply the strips.

- 1. Carefully open the bag and remove the transparent foil with the strips. Opened bag should be used immediately, wait no longer than 15 minutes after opening.
- 2. Lift the longer rectangular strip from the foil. Place it on the top row of teeth with the side that sat on the foil against the teeth. Place evenly along the gums. The remaining strip should be folded behind the teeth. Press lightly against the strips to attach the teeth.
- **3.** Remove the short, slightly curved strip of the lower tooth row from the foil. Apply it on the bottom row of teeth as described for the top row. Press gently to attach.

Let work for 15 minutes.

**5.** Remove the strips. The remaining gel residue is easily removed with the help of a toothbrush. Rinse mouth thoroughly with water.

## Teeth Whitening Strips 5 Days / 10 Days

## Beconfident© - Oral care innovation

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